Yellow Curry

4-6 servings



Ingredients:

• Yellow curry paste 3 tablespoons

• Coconut milk 2 can of 14 fl oz (400 ml)

Yellow/ Sweet Onion 1

Mushrooms 1 cupCarrots 1 cup

PotatoesCauliflower1 cup

• Bone broth 1 can of 14 fl oz (400 ml)

Turmeric
Curry powder
½ teaspoon
½ teaspoon

Condiments:

- Fish sauce or soy sauce
- Sugar
- Dry chilis

Prep: Peel potato and carrots. Chop and slice potato, carrots and cauliflower into bite size. Cut onion and mushroom into halves.

Cook:

- 1. Pour two cans of coconut milk into a pot after it's boiled, add potato. Cook potato for a couple minutes.
- 2. Add curry paste into the pot, stir until it dissolves. After that add a can of bone broth.
- 3. Add onion, carrots and cauliflower and wait until it boils
- 4. Put a pinch of turmeric, curry powder. Add fish or soy sauce and sugar to taste, and simmer for 15 minutes.
- 5. Add mushrooms and a couple of dried chilis (if you want to add some heat) and simmer for a couple minutes.